



## Ways to Reduce Your Ecological Footprint

*A little footprint has a BIG impact on our world!*

### Assess your ecological footprint

Visit [www.vanaturally.com/footprint.html](http://www.vanaturally.com/footprint.html) to measure yours.

### Buy locally grown & manufactured goods

Visit the VA Dept. of Agriculture & Consumer Services website for a listing of VA producers:

[www.vdacs.virginia.gov/consumer/index.html](http://www.vdacs.virginia.gov/consumer/index.html)

### Be a smart driver & Clean Air Champion

Keep your car in tune to prevent air pollution. Check out the VA Dept. of Environmental Quality daily air quality index for ozone:

[www.deq.virginia.gov/airquality](http://www.deq.virginia.gov/airquality)

### Plant a SHADE tree

Trees cool our cities, filter the air, buffer noise & provide homes and food for wildlife. For information & assistance, visit the

VA Dept. of Forestry: [www.dof.virginia.gov](http://www.dof.virginia.gov)

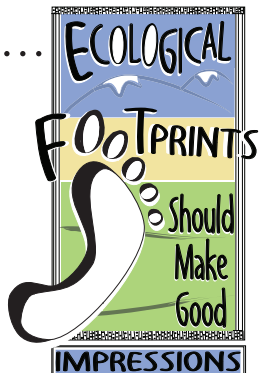
### Save energy to conserve non-renewable fuels and protect air & water

See DEQ's pollution prevention site for more tips:

[www.deq.virginia.gov/p2/vise/efficiency.html](http://www.deq.virginia.gov/p2/vise/efficiency.html)

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## **More Ways to Reduce Your Ecological Footprint**

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### **Reduce, Reuse, Recycle**

Visit the VA Dept. of Mines, Minerals & Energy for tips:

[www.dmme.virginia.gov/de/residentframe.html](http://www.dmme.virginia.gov/de/residentframe.html)

### **Be Water-Wise**

Return clean water to your watershed to keep the land productive.

For ideas, visit:

[www.dcr.virginia.gov/sw/](http://www.dcr.virginia.gov/sw/)

[www.deq.virginia.gov/watersupply/waterconservation.html](http://www.deq.virginia.gov/watersupply/waterconservation.html)

### **Recycle historic buildings & used sites**

Visit the VA Dept. of Historic Resources: [www.dhr.virginia.gov](http://www.dhr.virginia.gov)

Learn about remediating idled, underutilized, or abandoned industrial or commercial properties: [www.deq.virginia.gov/brownfieldweb/](http://www.deq.virginia.gov/brownfieldweb/)

### **Enhance healthy wildlife habitat**

Help make sure wildlife has room for its footprint.

VA Dept. of Game & Inland Fisheries can help:

[www.dgif.virginia.gov/wildlife/habitat\\_partners/index.html](http://www.dgif.virginia.gov/wildlife/habitat_partners/index.html)

### **Be a concerned citizen & support environmental programs**

Don't forget to let your friends know that you care about Virginia's environment. To find a program that suits you, visit:

[www.vanaturally.com](http://www.vanaturally.com)